

Available online at www.sciencedirect.com

Journal of **Nutritional Biochemistry**

Journal of Nutritional Biochemistry 21 (2010) 848–855

Trans-10, cis-12-conjugated linoleic acid alters hepatic gene expression in a polygenic obese line of mice displaying hepatic lipidosis \tilde{a}

Melissa S. Ashwell^a, Ryan P. Ceddia^a, Ralph L. House^a, Joseph P. Cassady^a, Eugene J. Eisen^a, Thomas E. Eling^b, Jennifer B. Collins^c, Sherry F. Grissom^c, Jack Odle^{a,*}

^a Department of Animal Science, North Carolina State University, Raleigh, NC, USA

^bLaboratory of Molecular Carcinogenesis, National Institute of Environmental Health Sciences, Research Triangle Park, NC, USA ^c NIEHS Microarray Group, National Institute of Environmental Health Sciences, Research Triangle Park, NC, USA

Received 9 December 2008; received in revised form 3 June 2009; accepted 23 June 2009

Abstract

The trans-10, cis-12 isomer of conjugated linoleic acid (CLA) causes a rapid reduction of body and adipose mass in mice. In addition to changes in adipose tissue, numerous studies have reported alterations in hepatic lipid metabolism. Livers of CLA-fed mice gain mass, partly due to lipid accumulation; however, the precise molecular mechanisms are unknown. To elucidate these mechanisms, we examined fatty acid composition and gene expression profiles of livers from a polygenic obese line of mice fed 1% trans-10, cis-12-CLA for 14 days. Analysis of gene expression data led to the identification of 1393 genes differentially expressed in the liver of CLA-fed male mice at a nominal P value of .01, and 775 were considered significant using a false discovery rate (FDR) threshold of .05. While surprisingly few genes in lipid metabolism were impacted, pathway analysis found that protein kinase A (PKA) and cyclic adenosine monophosphate (cAMP) pathways signaling pathways were affected by CLA treatment and 98 of the 775 genes were found to be regulated by hepatocyte nuclear factor 4α, a transcription factor important in controlling liver metabolic status.

© 2010 Elsevier Inc. All rights reserved.

Keywords: Gene expression; Mice; Liver; Conjugated linoleic acid; Obesity; Hepatic steatosis; Fatty liver

1. Introduction

Abbreviations: acox1, acetyl CoA oxidase 1; agpat2, 1-acylglycerol-3 phosphate O-acyltransferase 2; bcl6, B-cell leukemia/lymphoma 6; cAMP, cyclic adenosine monophosphate; CLA, conjugated linoleic acid; cyp1a1, cytochrome P450, family 1, subfamily a, polypeptide 1; cyp27a1, cytochrome P450, family 27, subfamily a, polypeptide 1; dgat2, diacylglycerol Oacyltransferase 2; egfr, epidermal growth factor receptor; FDR, false discovery rate; fasn, fatty acid synthase; HNF-4α, hepatocyte nuclear factor $4α$ transcription factor; igfbp2, insulin-like growth factor binding protein 2; LA, linoleic acid; me, malic enzyme; NF-κB, nuclear factor κB; pdcd8, programmed cell death 8; PKA, protein kinase A; ppargc1, peroxisome proliferative activated receptor, gamma, coactivator 1 alpha; SCD1, stearoyl CoA desaturase 1; slc10a1, solute carrier family 10 (sodium/bile acid cotransporter family), member 1; socs6, suppressor of cytokine signaling 6; srebp2, sterol regulatory element binding factor 2; stat, signal transducer and activator of transcription; Tie2, endothelial cell receptor tyrosine kinase; tspyl4, testis-specific Y-like 4.

This work was funded in part by the North Carolina Agricultural Research Service and the NIH-NIEHS Intramural Research Program.

⁎ Corresponding author. Department of Animal Science, NC State University, Raleigh, NC 27695, USA. Tel.: +1 919 515 4050; fax: +1 919 515 6884.

E-mail address: jack_odle@ncsu.edu (J. Odle).

0955-2863/\$ - see front matter © 2010 Elsevier Inc. All rights reserved. doi:[10.1016/j.jnutbio.2009.06.013](http://dx.doi.org/10.1016/j.jnutbio.2009.06.013)

Conjugated linoleic acid (CLA) is a term that refers to positional and geometrical isomers of linoleic acid (LA) [\[1\]](#page-6-0). Previous mouse studies have shown that the trans-10, cis-12 isomer of CLA has mostly delipidative effects [\[2-5\],](#page-6-0) while the cis-9, trans-11 isomer has mostly anticarcinogenic effects [\[6\].](#page-6-0) The trans-10, cis-12-CLA isomer elicits delipidative effects not only in mice, but also in rats, chicks, pigs and humans [\[7-9\].](#page-6-0) Effects of CLA on obesity vary between and within species; in mice, CLA reduces fat-body mass by 50% to 70% [\[8\].](#page-6-0) These changes in adipose and body mass may be caused by reduced size and number of adipocytes [\[10-13\]](#page-6-0), differences in energy expenditure [\[14-17\]](#page-6-0) and/or feed intake [\[18\].](#page-6-0) In addition to changes in adipose tissue, increases in size, cytoplasmic vacuolization and fatty acid oxidation in liver of CLA-fed mice have been reported [\[4,7,8,19\]](#page-6-0). Much of the increased liver mass may be explained by accumulation of lipids [\[19,20\]](#page-6-0) derived from mobilization of delipidated adipose tissue stores [\[21,22\].](#page-6-0)

Attempts have been made to elucidate the molecular mechanisms of action of CLA. To date, four microarray studies using gene expression profiling to examine the effects of CLA have been reported [\[10,19,23,24\].](#page-6-0) Regulatory pathways involved in development, signal transduction and fatty acid metabolism affected by CLA have been identified. In a previous study [\[19\]](#page-6-0), we reported

microarray data from adipose tissue of a polygenic obese line of mice fed 1% trans-10, cis-12-CLA. It was concluded that the delipidative effects of CLA occur through a pleiotropic reduction in fatty acid and triglyceride translocation and storage, decreased glucose availability and increased fatty acid oxidation. In that experiment, adipose mass was 30% less in the epididymal depot of CLA-fed mice, 27% less in the mesenteric depot and 58% less in brown adipose tissue after 14 days of CLA treatment [\[19\].](#page-6-0) In that same study, we found that livers of the CLA-fed mice accumulated more fat and mass than the livers from LA-fed mice. Here we report gene expression and fatty acid composition data from livers of these male mice that were fed trans-10, cis-12-CLA for 14 days [\[19\].](#page-6-0) Based on these data, it was concluded that CLA is associated with differential regulation of many genes in the murine liver, particularly those regulated by the hepatocyte nuclear factor 4α transcription factor (HNF-4 α), which is thought to be important in controlling the metabolic status of the liver [\[25\].](#page-6-0)

2. Materials and methods

2.1. Mice

M16 mice were maintained according to an approved North Carolina State University's Institutional Animal Care and Use Committee protocol. The M16 line is a moderately obese line that was selected for 3- to 6-week postweaning gain [\[26\]](#page-6-0).

2.2. Diet composition and tissue sampling

Animals were fed purified AIN93G pellets (Harlan Teklad, Madison, WI, USA) formulated with either 1% trans-10, cis-12-CLA or 1% LA as a treatment control. The trans-10, cis-12-CLA was kindly donated by BASF (Ludwigshafen, Germany), and LA was purchased from Nu-Chek-Prep (Elysian, MN, USA). Dietary trans-10, cis-12-CLA and LA content were analyzed, confirming 92% and 99% purity, respectively. All animals were fed the LA diet for 7 days and then given ad libitum access to their assigned diet (either CLA or LA) for 14 days. A total of 36 nine-week-old male mice were used for this experiment, with 18 mice receiving each diet. Mice in the fed state were euthanized by $CO₂$ asphyxiation, and liver samples collected, weighed and stored at −80°C.

2.3. Fatty acid composition of tissues

Lipids were extracted from liver samples of eight mice per treatment group, and fatty acids were quantified by gas–liquid chromatography as previously described [\[27\].](#page-6-0) Dietary treatment effects (LA vs. CLA) were analyzed according to a completely randomized design using the general linear models procedure of SAS (SAS Institute, Cary, NC, USA). Differences were considered significant when $P<0.05$.

2.4. RNA Extractions

Real-time RT-PCR primers

Total RNA was isolated from liver using TriReagent (Sigma, St. Louis, MO, USA) and further purified with Qiagen RNeasy Mini kit (Qiagen, Valencia, CA, USA) following the manufacturer's protocol with modifications previously described [\[28\].](#page-6-0)

Table 1

2.5. Microarrays

Agilent (Palo Alto, CA, USA) G4121A mouse oligo microarray slides containing more than 20,000 probes were used for this experiment. Pooled total RNA was labeled with cyanine 3 (Cy3)- and cyanine 5 (Cy5)-labeled dCTP using the Agilent Fluorescent Direct Label kit following the manufacturer's protocol. Pooled samples were used to reduce costs of the experiment. For pooling, equal amounts of total RNA from four or five different mice were combined for labeling. Because there were 36 mice from each treatment group, four biological replicates were represented on the microarrays. Four microarrays were hybridized using RNA pooled from the 36 animals (18 CLA-fed, 18 LA-fed). Microarrays were hybridized for 17 h and washed as previously described [\[19\]](#page-6-0). Slides were scanned with an Agilent G2565BA microarray scanner.

2.6. Microarray data collection and analysis

Microarray data were collected and analyzed as previously described [\[19\].](#page-6-0) Briefly, microarray data extraction was performed using Agilent G2567AA Feature Extraction software, following Agilent's direct labeling protocol. Rosetta Resolver version 3.2, build 3.2.2.0.33 (Rosetta Biosoftware, Kirkland, WA, USA), was used to analyze data as previously described [\[19\]](#page-6-0). Intensity plots were produced and genes were identified as candidate genes if $P< 01$ using the Rosetta Resolver error model [\[29\].](#page-6-0) Raw data were deposited in the National Center for Biotechnology Information Gene Expression Omnibus in accordance with "minimum information about microarray experiments" guidelines and given accession numbers GSM272840, GSM272907, GSM272908, GSM272909 and GSE10865. P values from Rosetta Resolver were converted to false discovery rate (FDR) P values [\[30\]](#page-6-0).

2.7. Real-time RT-PCR

Real-time RT-PCR primers were designed to assay 12 genes and the ribosomal protein S18 housekeeping gene using Beacon Designer 7 (PREMIER Biosoft International, Palo Alto, CA, USA) or selected from primers previously designed [\[23\]](#page-6-0) (Table 1). PCR products were sequenced to confirm their identity. Genes targeted for quantitative real-time RT-PCR verification were selected based on their involvement in signal transduction pathways (socs6 and stat5b) or because they had greater than twofold differential expression based on microarray results (bcl6, pdcd8, tspyl4). Others were selected because they had previously been studied in the liver of female mice fed CLA (acox1, egfr, fasn, igfbp2, me) [\[23\]](#page-6-0) or are important components of metabolic pathways (agpat2 and dgat2).

A total of 500 ng RNA was reverse transcribed using Applied Biosystems High Capacity cDNA Reverse Transcription Kit (Foster City, CA, USA) for each mouse. Realtime RT-PCR reactions for 12 target genes and the S18 housekeeping gene were performed using Applied Biosystems Power SYBR Green PCR Master Mix in a BioRad iCycler (Hercules, CA, USA) with minor modifications. Fluorescein was added at a final concentration of 10 nM as the reference dye. Cycling conditions were as follows: 95°C for 7 min, 60 cycles of 95°C for 30 s, appropriate annealing temperature (Table 1) for 30 s, 72.0°C for 30 s, followed by 72° C for 5 min, 95°C for 1 min, 55.0°C for 1 min, followed by a melt curve analysis of 80 cycles of 10 s at 55°C with a 0.5°C increase every cycle. SYBR Green gene expression data were collected from two replicates of each sample and three replicates of each standard curve point. Replicate samples were averaged and analyzed using the Pfaffl [\[31\]](#page-6-0) method to quantify expression ratios between the CLA and LA cycle threshold values. Determination of statistical significance was done by ANOVA (SAS Inc., Cary, NC, USA). The Relative Expression Software Tool [\[32\]](#page-6-0) calculated fold changes adjusted for differences in PCR amplification efficiencies.

All primers were designed using Beacon Designer 7 unless otherwise stated. Annealing temperatures were empirically determined. Designed by Rasooly et al. [\[23\]](#page-6-0).

2.8. Pathway and network analysis

GeneGo's MetaCore software suite (St. Joseph, MI, USA) was used to further interrogate the differentially expressed genes from the experiment. Gene abbreviations for the 775 genes exceeding the FDR threshold of $P<.05$ and their fold changes were uploaded into the MetaCore workflow to identify potential pathways or networks associated with CLA treatment. The most relevant signaling or metabolic pathways and networks were identified using the "enrichment analysis–pathway maps" option. In addition, networks were built using network building tools provided in the software. The "analyze network (transcription factors)" tool built networks connecting differentially expressed gene targets of transcription factors.

3. Results

3.1. Fat content and fatty acid composition of liver

The average amount of fat in the CLA and LA livers was 8.54 and 5.34 g, respectively, per 100 g of wet tissue, indicating accumulation of 62.5% more fat in the CLA-fed livers $(P₀,002;$ Table 2). As we reported previously [\[19\],](#page-6-0) there was a 33% increase in liver weight from mice fed the CLA diet for 14 days. Accumulation of fat accounted for approximately 20% of this increase. Because feeding CLA increased hepatic lipid levels, we examined the fatty acid profile. The trans-10, cis-12-CLA isomer (18:2) was only present in livers of mice fed the CLA-supplemented diet (Table 2). The C18:0/C18:1 ratio was significantly different ($P<$.05) between the livers of mice fed CLA and LA.

3.2. Hepatic gene expression and pathway analysis

Microarrays were used to identify genes differentially expressed due to CLA treatment. Analysis of gene expression data identified 1393 differentially expressed genes at a nominal P value of .01. After FDR correction, 775 genes were differentially expressed ($P₀05$; a list of these genes can be found with the GEO accession GSE10865). Quantitative real-time RT-PCR assays designed for 12 genes and a housekeeping gene [\(Table 1\)](#page-1-0) were used to validate our results or to compare with results reported

Table 2

Fat content and fatty acid composition of liver tissue from obese mice fed LA or CLA for 14 days a

Parameter	LA	CLA	SEM	P value		
		$g/100$ g wet tissue				
Total fat	5.34	8.54	0.58	.002		
		$g/100 g$ fatty acids				
C14:0	0.52	0.68	0.05	.061		
C16:0	22.67	24.77	0.70	.051		
C18:0	6.37	5.19	0.38	.046		
C16:1(n9)	2.71	2.60	0.29	.786		
C18:1(n9)	23.72	31.97	2.56	.039		
C18:2(n6)	23.01	20.40	1.45	.224		
$C18:2$ (CLA)	nd	0.66	0.02	< 0001		
C18:3(n6)	0.39	0.23	0.04	.014		
C18:3(n3)	0.86	1.02	0.06	.089		
C20:1(n9)	0.50	0.63	0.06	.178		
C20:2(n6)	0.37	0.63	0.02	< 0001		
C20:3(n3)	1.19	0.60	0.06	< 0001		
C20:4(n6)	10.73	5.79	0.64	< 0001		
C22:6(n3)	4.77	3.30	0.35	.009		
	Ratio					
C16:0/C16:1	8.99	10.51	1.17	.372		
C18:0/C18:1	0.31	0.18	0.04	.045		
Saturated/ unsaturated ^b	0.43	0.45	0.02	.465		

^a Values are least square means of $n=8$ mice per treatment.

^b (C14:0+C16:0+C18:0)/(C16:1+C18:1+C18:2+C18:3+C20:1+C20:2+C20:3 $+C20:4+C22:6$).

All P values are nominal P values.

a Results based on hybridization of 4 two-color microarrays using 36 samples, pooled based on dietary treatment into four groups of nine individuals.

^b Results based on C_t values calculated in duplicate for 36 individual samples.
^c A fold change >1 indicates an up-regulation of that gene in the CLA samples as compared to the LA samples; a fold change ≤ 1 indicates a down-regulation of that gene in the CLA samples as compared to the LA samples.

 d Not applicable because the P value indicated the gene was not differentially expressed between treatment groups.

in a similar study [\[23\]](#page-6-0) in which CLA was fed and liver gene expression examined. Of the 12 target genes evaluated (Table 3), results from one gene disagreed between techniques indicating 92% of the genes tested had results congruent between microarray and RT-PCR assays. The result for stat5b was likely a false positive from the microarray, in which the more sensitive realtime PCR method indicated no statistical differential expression for this gene.

Our list of 775 differentially expressed genes was imported into GeneGo software to identify pathways affected when CLA is added to the diet. Five pathways were identified that may be affected by CLA treatment $(P<.03)$ (Table 4). These pathways involve cell

Table 4

GeneGo pathway and process maps containing significant numbers of differentially expressed genes

GeneGo Map	Cell process	P value	Objects [*]
Signal transduction, PKA signaling	Protein kinase cascade. G protein-coupled receptor protein signaling pathway, second messenger- mediated signaling	7.16×10^{-5}	8/23
Muscle contraction. GPCRs in regulation of smooth muscle tone	G protein-coupled receptor protein signaling pathway	2.56×10^{-3} 10/54	
Signal transduction, cAMP signaling	G protein-coupled receptor protein signaling pathway. second messenger-mediated signaling	4.32×10^{-3}	7/32
Development of angiopoietin-Tie2 signaling	Response to extracellular stimulus	6.16×10^{-3}	7/34
Immune response, antigen presentation by MHC Class I	Immune response	6.18×10^{-3}	6/26

⁎ The numerator indicates the number of differentially expressed genes identified in the experiment and the denominator indicates total number of objects in the GeneGo map.

Table 5 Effects of dietary CLA vs. LA on expression of hepatic genes associated with lipid metabolism pathways^a after 14 days of feeding

^a Genes included in this table were selected from the Kyoto Encyclopedia of Genes and Genomes (KEGG; <http://www.genome.jp/kegg/pathways.html>) pathways associated with lipid metabolism. This included the fatty acid biosynthesis, bile acid synthesis, glycerophospholipid metabolism, glycerolipid metabolism, and synthesis and degradation of ketone body pathways.
^b CLA/LA.

signaling cascades, while more traditional metabolic pathways were unaffected [\(Table 5](#page-3-0)).

4. Discussion

In this study, we examined differential gene expression using microarrays and real-time PCR in the livers of mice fed either CLA or LA. We found that livers of CLA fed mice weighed more and contained more lipid. Conversion of saturated fatty acids to their corresponding monounsaturated fatty acids is catalyzed by stearoyl CoA desaturase 1 (SCD1); hence, comparing ratios of unsaturated to monounsaturated fatty acids may provide an indication of enzymatic activity [\[33\]](#page-7-0). Some groups have shown SCD1 levels to be reduced [\[34,35\]](#page-7-0), while others have found levels to be unaffected [\[23,36\]](#page-6-0) or increased [\[37\]](#page-7-0) in murine liver when mice were fed CLA. In our evaluation of liver samples, the 16:0/16:1 ratio was unchanged $(P=.372)$, while the ratio of 18:0/18:1 was decreased $(P=.045)$. Therefore we cannot determine whether SCD activity was affected by CLA treatment based solely on fatty acid ratios. In liver, the 18:0/ 18:1 ratio was decreased and the 16:0/16:1 ratio was unchanged; however, in adipose tissue, we found the opposite, with 16:0/16:1 increased and 18:0/18:1 unchanged in these same mice [\[19\].](#page-6-0) It is possible that hepatic steatosis was caused by accretion of fatty acids originating from delipidated adipose tissue during the 14 days of CLA treatment [\[21,22\]](#page-6-0). Putative translocation of fatty acids from adipose to liver tissues could have masked changes in the ratios of saturated to unsaturated fatty acids resulting from de novo hepatic

synthesis. Although we did not measure circulating nonesterified fatty acid concentration or composition, Oikawa et al. [\[38\]](#page-7-0) observed an attenuation of CLA-induced hepatic lipidosis via arachidonic acid and this effect was not associated with altered NEFA concentration.

Using GeneGo, we were able to identify biological pathways that appear to be affected when CLA is added to the diet. The five identified pathways involve cell signaling cascades, while more traditional metabolic pathways appear to be unaffected ([Table 5](#page-3-0)). These results support use of microarrays, because initially we hypothesized that metabolic pathways such as fatty acid and glycerol lipid synthesis and/or degradation would be affected. However, these pathways were not significantly affected, with most of the genes associated with these pathways being unchanged. While carbon flux through these hepatic pathways may well be altered by dietary CLA feeding, our data would suggest that changes in flux, by and large, are not mediated by changes in gene expression of enzymes in the pathways.

CLA treatment appears to affect the protein kinase A (PKA) signal transduction pathway containing a total of 23 objects, such as proteins and genes, as defined by GeneGo ([Table 4](#page-2-0)). Eight of these objects were differentially expressed in our experiment, with four genes downregulated in the livers of the CLA-fed mice and four genes upregulated. Many of these same genes are found in the cyclic adenosine monophosphate (cAMP) signaling pathway, which regulates PKA and was another pathway significantly affected by CLA treatment [\(Table 4\)](#page-2-0). Down-regulation of these four genes may indicate that less cAMP is available in the liver, which may lead to less degradation of stored glycogen [\[39\]](#page-7-0). Additional evidence supporting CLA's effect on

Fig. 1. GeneGo transcription factor network built for HNF-4α. Networks built around transcription factors using the differentially expressed gene list identified a common transcription factor, HNF-4α, which regulates gene expression for 98 of the 775 differentially expressed genes identified in the CLA–LA experimental comparison. Gene symbols in red indicate genes that are up-regulated in the CLA-fed mouse livers and those in blue indicate down-regulated genes in CLA-fed livers. For complete figure symbol legend, go to [http://ftp.genego.](http://ftp.genego.com/files/MC_legend.pdf) [com/files/MC_legend.pdf.](http://ftp.genego.com/files/MC_legend.pdf)

the cAMP/PKA signaling pathway was shown in rat cardiac gene expression, in which Tappia et al. [\[40\]](#page-7-0) suggest that abnormalities in this signaling pathway are modulated by dietary CLA.

The G protein-coupled receptor protein signaling pathway associated with smooth muscle contraction was also affected by CLA treatment. This pathway contains a total of 54 objects, with 10 of those being differentially expressed in our experiment ([Table 4](#page-2-0)). Genes in this pathway include many of the same genes in the cAMP and PKA signaling pathways discussed above. This includes adenylate cyclase, whose transcript was down-regulated in the CLA-treated livers and whose gene product normally increases levels of cAMP, which in turn, activates PKA [\[41\].](#page-7-0) CLA was previously shown to affect vascular smooth muscle cells through inhibition of nuclear factor κB (NF-κB) activation via a peroxisome proliferator-activated receptor γdependent mechanism, preventing an inflammatory response and development of atherosclerosis [\[42\]](#page-7-0).

An immune response pathway was affected in our CLA experiment ([Table 4\)](#page-2-0). This pathway, involving antigen presentation by major histocompatibility complex Class I proteins, contains six out of 26 objects differentially expressed when CLA was fed. CLA isomers have been shown to have anti-inflammatory properties [\[43\]](#page-7-0), and affected genes in this pathway were generally down-regulated, adding further evidence of CLA's anti-inflammatory effects.

The angiopoietin-Tie2 signaling pathway was also affected by CLA treatment. This pathway contains 34 objects, seven of which were differentially expressed in our experiment ([Table 4\)](#page-2-0). Angiopoietin down-regulates NF-κB by binding to endothelial cell receptor tyrosine kinase (Tie2), which eventually results in failure of NF-κB activation. Wunderlich et al. [\[44\]](#page-7-0) reported that repression of NF-κB in the liver of mice fed a high-fat diet was associated with accumulation of lipid in hepatocytes, similar to what was observed in the liver of mice fed CLA. CLA modulates NF-κB activation in macrophages [\[45\]](#page-7-0) and may have a similar effect in hepatocytes.

A study similar to our study was conducted feeding 0.5% trans-10, cis-12-CLA to female mice [\[23\]](#page-6-0). Rasooly et al. [\[23\]](#page-6-0) targeted genes involved in fatty acid oxidation and we used several of the primers they reported [\[23\]](#page-6-0) to directly compare real-time PCR results ([Table 3](#page-2-0)). They found a tendency toward differential expression of acetyl CoA oxidase 1 (acox1), while we found significant down-regulation of this gene. Rasooly et al. [\[23\]](#page-6-0) found down-regulation of epidermal growth factor receptor (egfr) in their CLA-fed mice and our results support that finding. Insulin-like growth factor binding protein 2 (i gfbp2) was differentially expressed in both studies [\[23\]](#page-6-0), while fatty acid synthase (fasn) was not differentially expressed in our real-time PCR data, but was in their study. We found no differential expression of malic enzyme (me), while their microarray result was unconfirmed using real-time PCR. Therefore, it is most likely that me is not differentially expressed in liver when trans-10, cis-12-CLA is fed. The few discrepancies between these studies may be due to gender differences because we examined males and they [\[23\]](#page-6-0) examined females. Clodfelter et al. [\[46\]](#page-7-0) reported extensive gender gene expression differences in murine liver.

Networks built around transcription factors using the differentially expressed gene list identified a common transcription factor, hepatocyte nuclear factor 4α (HNF- 4α), which regulates gene expression for 98 of the 775 genes ([Fig. 1](#page-4-0)). This transcription factor regulates a vast number of genes in hepatocytes and pancreatic islets, and mutations within HNF-4 α cause the type 1 form of maturity-onset diabetes of the young [\[47\]](#page-7-0). HNF-4 α is an extensive controller of liver function, and previous studies showed that conditional knockout of this gene in the mouse liver [\[25\]](#page-6-0) produces offspring that accumulate lipid in the liver, similar to what is seen when CLA is fed. In addition, pathway analysis indicated that the PKA pathway was affected in this experiment and Viollet et al. [\[48\]](#page-7-0) reported that PKA phosphorylates HNF-4 α , modulating the DNA-binding activity of this important hepatic transcription factor.

Holloway et al. [\[49\]](#page-7-0) examined murine liver-specific HNF4 α deficiency and found lack of this transcription factor has a greater impact on gene expression in males. They suggest $HNF-4\alpha$ regulates gender-specific gene expression in the liver using mechanisms active in males and primarily inactive in females [\[49\].](#page-7-0) We only examined males which may explain why we identified genes regulated by HNF-4α as being differentially expressed.

Co-enzyme A esters of long-chain fatty acids modulate the transcriptional activity of HNF-4α based on chain length and degree of saturation [\[50\],](#page-7-0) but no data exist on specific effects of different CLA isomers. Khan and Vanden Heuvel [\[50\]](#page-7-0) hypothesized that different CLA isomers act as peroxisome proliferator-activated receptor

Table 6

Significant HNF-4α-regulated genes involved in inflammation or fatty acid metabolism

ligands, suggesting that specific nuclear receptors might recognize distinct fatty acid structures leading to different phenotypes, perhaps explaining the unique effects of CLA feeding.

Analysis of the amount of fat in our liver samples indicated that only 20% of the increase in liver mass was due to increase in fat. Some of the weight accretion may be due to cell proliferation through inhibition of HNF-4 α . Lazarevich et al. [\[51\]](#page-7-0) showed that loss of HNF-4α led to cell proliferation and dedifferentiation in hepatocellular carcinomas. Support for HNF-4 α inhibition is found in examination of transcript levels for the genes affected by CLA treatment. Examination of putative functions of the 98 genes regulated by HNF-4α found four to be involved in inflammation and 10 to be involved in fatty acid and bile acid metabolism ([Table 6\)](#page-5-0). The sodium bile acid cotransporter, slc10a1, was down-regulated in the CLA-fed mice, and this gene is directly activated by HNF-4 α [\[52\].](#page-7-0) HNF-4 α also stimulates two cytochrome P450 genes (cyp27a1 and cyp1a1) [\[53,54\],](#page-7-0) which were down-regulated in the CLA-fed livers. It appears that bile acid metabolism and transport may be affected in these samples, which was previously found in murine liver accumulating fat after mitochondrial β-oxidation was inhibited [\[55\]](#page-7-0). Hnf4α was not differentially expressed ($P=11$) in our study, but the HNF-4 α coactivator, peroxisome proliferative activated receptor, gamma, coactivator 1 alpha (ppargc1, also known as $pgc-1\alpha$), was downregulated in the CLA livers and sterol regulatory element binding factor 2 (srebp2), a competitive inhibitor of PPARGC1 recruitment to HNF-4α [\[56\]](#page-7-0), was up-regulated. Therefore, lack of HNF-4α activation, and not differential gene expression of this gene, may be responsible for some of the effects on gene expression we observed.

Previously [19], we used microarrays to identify differentially expressed genes in adipose tissue from these mice after 5 and 14 days of CLA feeding and herein have reported differential expression in the livers after 14 days of CLA treatment. Use of microarrays is one approach to studying the effects of dietary supplementation on gene expression and may provide insight into the major responses that occur. In this study, we have begun to elucidate some of the molecular mechanisms of CLA's effects on the male murine liver, realizing we did not capture the entire picture because we did not measure gene product activity. A comparison of affected GeneGo pathways across the adipose and liver tissues finds that different pathways and genes are differentially expressed. Therefore, the effect of feeding CLA to a polygenic obese line of mice does not appear to be a simple case where one metabolic pathway is up-regulated in one tissue and down-regulated in the other tissue and continued research is needed to clarify the effects of CLA treatment.

Acknowledgments

The authors thank Drs. Ben Corl and Lin Xi for conducting the fatty acid analysis and Peggy Overton for coordinating the phenotypic data collection. BASF kindly donated the trans-10, cis-12-CLA used in this experiment. The authors gratefully acknowledge Shelly Nolin and Audrey O'Nan for technical assistance. During redaction of this article, another hepatic microarray paper was published by Guillen et al. [\[57\],](#page-7-0) identifying other potentially important genes altered during various models of hepatic steatosis.

References

- [1] Sébédio JL, Gnaedig S, Chardigny JM. Recent advances in conjugated linoleic acid research. Curr Opin Clin Nutr Metab Care 1999;2:499–506.
- [2] Evans M, Lin X, Odle J, McIntosh M. Trans-10, cis-12 conjugated linoleic acid increases fatty acid oxidation in 3T3-L1 preadipocytes. J Nutr 2002;132: 450–5.
- [3] Hargrave KM, Li CL, Meyer BJ, Kachman SD, Hartzell DL, Della-Fera MA, et al. Adipose depletion and apoptosis induced by trans-10, cis-12 conjugated linoleic acid in mice. Obes Res 2002;10:1284–90.
- [4] Pariza MW, Park Y, Cook ME. The biologically active isomers of conjugated linoleic acid. Prog Lipid Res 2001;40:283–98.
- [5] Park Y, Storkson JM, Albright KJ, Liu W, Pariza MW. Evidence that the trans-10,cis-12 isomer of conjugated linoleic acid induces body composition changes in mice. Lipids 1999;34:235–41.
- [6] Lock AL, Corl BA, Barbano DM, Bauman DE, Ip C. The anticarcinogenic effect of trans-11 18:1 is dependent on its conversion to cis-9, trans-11 CLA by delta9 desaturase in rats. J Nutr 2004;134:2698–704.
- [7] House RL, Cassady JP, Eisen EJ, McIntosh MK, Odle J. Conjugated linoleic acid evokes de-lipidation through the regulation of genes controlling lipid metabolism in adipose and liver tissue. Obes Rev 2005;6:247–58.
- [8] Jahreis G, Kraft J, Tischendorf F, Schöne F, von Loeffelholz C. Conjugated linoleic acids: physiological effects in animal and man with special regard to body composition. Eur J Lipid Sci Technol 2000;102:695–703.
- [9] Corl BA, Mathews Oliver SA, Lin X, Oliver WT, Ma T, Harrell RJ, et al. Conjugated linoleic acid reduces body fat accretion and lipogenic gene expression in neonatal pigs fed low- or high-fat formulas. J Nutr 2008;138:449–54.
- [10] LaRosa PC, Miner J, Xia YN, Zhou Y, Kachman S, Fromm ME. Trans-10, cis-12 conjugated linoleic acid causes inflammation and delipidation of white adipose tissue in mice: a microarray and histological analysis. Physiol Genomics 2006;27: 282–94.
- [11] Tsuboyama-Kasaoka N, Takahashi M, Tanemura K, Kim HJ, Tange T, Okuyama H, et al. Conjugated linoleic acid supplementation reduces adipose tissue by apoptosis and develops lipodystrophy in mice. Diabetes 2000;49:1534–42.
- [12] Xu XF, Pariza MW. Dietary conjugated linoleic acid reduces mouse adipocyte size and number. FASEB J 2002;16:A370.
- [13] Azain MJ, Hausman DB, Sisk MB, Flatt WP, Jewell DE. Dietary conjugated linoleic acid reduces rat adipose tissue cell size rather than cell number. J Nutr 2000;130: 1548–54.
- [14] Terpstra AHM, Beynen AC, Everts H, Kocsis S, Katan MB, Zock PL. The decrease in body fat in mice fed conjugated linoleic acid is due to increases in energy expenditure and energy loss in the excreta. J Nutr 2002;132:940–5.
- [15] DeLany JP, West DB. Changes in body composition with conjugated linoleic acid. J Am Coll Nutr 2000;19:487S–93S.
- [16] West DB, Blohm FY, Truettt AA, DeLany JP. Conjugated linoleic acid persistently increases total energy expenditure in AKR/J mice without increasing uncoupling protein gene expression. J Nutr 2000;130:2471–7.
- [17] Miner JL, Cederberg CA, Nielsen MK, Chen XL, Baile CA. Conjugated linoleic acid (CLA), body fat, and apoptosis. Obes Res 2001;9:129–34.
- [18] Takahashi Y, Kushiro M, Shinohara K, Ide T. Dietary conjugated linoleic acid reduces body fat mass and affects gene expression of proteins regulating energy metabolism in mice. Comp Biochem Physiol Part B Biochem Mol Biol 2002;133: 395–404.
- [19] House RL, Cassady JP, Eisen EJ, Eling TE, Collins JB, Grissom SF, et al. Functional genomic characterization of delipidation elicited by trans-10, cis-12-conjugated linoleic acid (t10c12-CLA) in a polygenic obese line of mice. Physiol Genomics 2005;21:351–61.
- [20] Kelley DS, Bartolini GL, Newman JW, Vemuri M, Mackey BE. Fatty acid composition of liver, adipose tissue, spleen, and heart of mice fed diets containing t10, c12-, and c9, t11-conjugated linoleic acid. Prostaglandins Leukot Essent Fatty Acids 2006;74:331–8.
- [21] Degrace P, Demizieux L, Gresti J, Chardigny JM, Sébédio JL, Clouet P. Association of liver steatosis with lipid oversecretion and hypotriglyceridaemia in C57BL/6J mice fed trans-10,cis-12-linoleic acid. FEBS Lett 2003;546:335–9.
- [22] Degrace P, Demizieux L, Gresti J, Chardigny JM, Sébédio JL, Clouet P. Hepatic steatosis is not due to impaired fatty acid oxidation capacities in C57BL/6J mice fed the conjugated trans-10,cis-12-isomer of linoleic acid. J Nutr 2004;134: 861–7.
- [23] Rasooly R, Kelley DS, Greg J, Mackey BE. Dietary trans 10, cis 12-conjugated linoleic acid reduces the expression of fatty acid oxidation and drug detoxification enzymes in mouse liver. Br J Nutr 2007;7:58–66.
- [24] Ecker J, Langmann T, Moehle C, Schmitz G. Isomer specific effects of conjugated linoleic acid on macrophage ABCG1 transcription by a SREBP-1c dependent mechanism. Biochem Biophys Res Commun 2007;352:805–11.
- [25] Hayhurst GP, Lee YH, Lambert G, Ward JM, Gonzalez FJ. Hepatocyte nuclear factor 4alpha (nuclear receptor 2A1) is essential for maintenance of hepatic gene expression and lipid homeostasis. Mol Cell Biol 2001;21:1393–403.
- [26] Eisen EJ, Bakker H, Nagai J. Body-composition and energetic efficiency in two lines of mice selected for rapid growth-rate and their F_1 crosses. Theor Appl Genet 1977;49:21–34.
- [27] Averette Gatlin L, See MT, Hansen JA, Sutton D, Odle J. The effects of dietary fat sources, levels, and feeding intervals on pork fatty acid composition. J Anim Sci 2002;80:1606–15.
- [28] Vidal H. Quantification of lipid-related mRNAs by reverse transcription competitive polymerase chain reaction in human white adipose tissue biopsies. Methods Mol Biol 2001;155:83–8.
- [29] Weng L, Dai H, Zhan Y, He Y, Stepaniants SB, Bassett DE. Rosetta error model for gene expression analysis. Bioinformatics 2006;22:1111–21.
- [30] Benjamini Y, Hochberg Y, Controlling the false discovery rate $-$ a practical and powerful approach to multiple testing. J R Stat Soc B 1995;57:289–300.
- [31] Pfaffl MW. A new mathematical model for relative quantification in real-time RT-PCR. Nucleic Acids Res 2001;29:e45.
- [32] Pfaffl MW, Horgan GW, Dempfle L. Relative expression software tool (REST©) for group-wise comparison and statistical analysis of relative expression results in real-time PCR. Nucleic Acids Res 2002;30:e36.
- [33] Ntambi JM. Regulation of stearoyl-CoA desaturase by polyunsaturated fatty acids and cholesterol. J Lipid Res 1999;40:1549–58.
- [34] Lee KN, Pariza MW, Ntambi JM. Conjugated linoleic acid decreases hepatic stearoyl-CoA desaturase mRNA expression. Biochem Biophys Res Commun 1998;248:817–21.
- [35] Park Y, Storkson JM, Ntambi JM, Cook ME, Sih CJ, Pariza MW. Inhibition of hepatic stearoyl-CoA desaturase activity by trans-10,cis-12 conjugated linoleic acid and its derivatives. Biochim Biophys Acta Mol Cell Biol Lipids 2000;1486:285–92.
- [36] Lin XB, Loor JJ, Herbein JH. Trans10,cis12-18:2 is a more potent inhibitor of de novo fatty acid synthesis and desaturation than cis9,trans11-18:2 in the mammary gland of lactating mice. J Nutr 2004;134:1362–8.
- [37] Tsuboyama-Kasaoka N, Miyazaki H, Kasaoka S, Ezaki O. Increasing the amount of fat in a conjugated linoleic acid-supplemented diet reduces lipodystrophy in mice. J Nutr 2003;133:1793–9.
- [38] Oikawa D, Tsuyama S, Akimoto Y, Mizobe Y, Furuse M. Arachidonic acid prevents fatty liver induced by conjugated linoleic acid in mice. Br J Nutr 2009;101:1558–63.
- [39] Brushia RJ, Walsh DA. Phosphorylase kinase: the complexity of its regulation is reflected in the complexity of its structure. Front Biosci 1999;4:D618–41.
- [40] Tappia PS, Dent MR, Aroutiounova N, Babick AP, Weiler H. Gender differences in the modulation of cardiac gene expression by dietary conjugated linoleic acid isomers. Can J Physiol Pharmacol 2007;85:465–75.
- [41] Wettschureck N, Offermanns S. Mammalian G proteins and their cell type specific functions. Physiol Rev 2005;85:1159–204.
- [42] Ringseis R, Gahler S, Eder K. Conjugated linoleic acid isomers inhibit plateletderived growth factor-induced NF-kappaB transactivation and collagen formation in human vascular smooth muscle cells. Eur J Nutr 2008;47:59–67.
- [43] Yu Y, Correll PH, Vanden Heuvel JP. Conjugated linoleic acid decreases production of pro-inflammatory products in macrophages: evidence for a PPARγ-dependent mechanism. Biochim Biophys Acta Mol Cell Biol Lipids 2002;1581:89–99.
- [44] Wunderlich FT, Luedde T, Singer S, Schmidt-Supprian M, Baumgartl J, Schirmacher P, et al. Hepatic NF-kappa B essential modulator deficiency prevents obesityinduced insulin resistance but synergizes with high-fat feeding in tumorigenesis. Proc Natl Acad Sci U S A 2008;105:1297–302.
- [45] Cheng WL, Lii CK, Chen HW, Lin TH, Liu KL. Contribution of conjugated linoleic acid to the suppression of inflammatory responses through the regulation of the NF-κB pathway. J Agric Food Chem 2004;52:71–8.
- [46] Clodfelter KH, Holloway MG, Hodor P, Park SH, Ray WJ, Waxman DJ. Sexdependent liver gene expression is extensive and largely dependent upon signal

transducer and activator of transcription 5b (STAT5b): STAT5b-dependent activation of male genes and repression of female genes revealed by microarray analysis. Mol Endocrinol 2006;20:1333–51.

- [47] Odom DT, Zizlsperger N, Gordon DB, Bell GW, Rinaldi NJ, Murray HL, et al. Control of pancreas and liver gene expression by HNF transcription factors. Science 2004;303:1378–81.
- [48] Viollet B, Kahn A, Raymondjean M. Protein kinase A-dependent phosphorylation modulates DNA-binding activity of hepatocyte nuclear factor 4. Mol Cell Biol 1997;17:4208–19.
- [49] Holloway MG, Miles GD, Dombkowski AA, Waxman DJ. Liver-specific hepatocyte nuclear factor-4{alpha} deficiency: greater impact on gene expression in male than in female mouse liver. Mol Endocrinol 2008;22:1274–86.
- [50] Khan SA, Vanden Heuvel JP. Role of nuclear receptors in the regulation of gene expression by dietary fatty acids (review). J Nutr Biochem 2003;14: 554–67.
- [51] Lazarevich NL, Cheremnova OA, Varga EV, Ovchinnikov DA, Kudrjavtseva EI, Morozova OV, et al. Progression of HCC in mice is associated with a downregulation in the expression of hepatocyte nuclear factors. Hepatology 2004;39: 1038–47.
- [52] Geier A, Zollner G, Dietrich CG, Wagner M, Fickert P, Denk H, et al. Cytokineindependent repression of rodent Ntcp in obstructive cholestasis. Hepatology 2005;41:470–7.
- [53] Chen W, Chiang JY. Regulation of human sterol 27-hydroxylase gene (CYP27A1) by bile acids and hepatocyte nuclear factor 4alpha (HNF4alpha). Gene 2003;313: 71–82.
- [54] Martinez-Jimenez CP, Castell JV, Gomez-Lechon MJ, Jover R. Transcriptional activation of CYP2C9, CYP1A1 and CYP1A2 by HNF4{alpha} requires coactivators PGC1{alpha} and SRC1. Molecular pharmacology 2006.
- [55] van der Leij FR, Bloks VW, Grefhorst A, Hoekstra J, Gerding A, Kooi K, et al. Gene expression profiling in livers of mice after acute inhibition of beta-oxidation. Genomics 2007;90:680–9.
- [56] Yamamoto T, Shimano H, Nakagawa Y, Ide T, Yahagi N, Matsuzaka T, et al. SREBP-1 interacts with hepatocyte nuclear factor-4 alpha and interferes with PGC-1 recruitment to suppress hepatic gluconeogenic genes. J Biol Chem 2004;279: 12027–35.
- [57] Guillen N, Navarro MA, Arnal C, Noone E, Arbones-Mainar JM, Acin S, et al. Microarray analysis of hepatic gene expression identifies new genes involved in steatotic liver. Physiol Genomics 2009;37:187–98.